



# Provider Café

a virtual space to meet for support

## We're here to listen.

The MC3 Provider Café is an opportunity to check in and talk about how you're managing your stress and the stress of your patients.

We can discuss strategies and offer resources that might be helpful during these stressful and challenging times.

Private and group check-ins are available.

For more information or to schedule some time at the café, contact us at [mc3-admin@med.umich.edu](mailto:mc3-admin@med.umich.edu).