



Perinatal Patient Care Services

MC3 is offering direct perinatal mental health services to patients of MC3 enrolled providers in select counties. This includes **free same-day access to virtual counseling, case management, and care coordination for your patients.**

WHAT SERVICES DO PATIENTS GET?

Services include e-screening with a same-day brief intervention. The Behavioral Health Consultant will work with the patient to create a custom care plan.

Patient plans may include:

- Short-term therapy to meet patient needs
- Connection to community resources
- Talking with your doctor
- Follow up calls, texts, emails, or video chat

What is the time commitment?

This will be based on what the patient and their consultant decide.

HOW DO PATIENTS PARTICIPATE?

If you are interested in offering MC3 perinatal patient care services to your patients, please email us and we will send you marketing materials to use to in your practice. Patients simply scan a QR code and complete a quick e-screening to connect to a Behavioral Health Consultant (BHC).

e-Screening



Same-day access to remote BHCs

ELIGIBILITY

To offer MC3 perinatal patient care services, you must be signed up for MC3 provider consultations services and practice in **Wayne, Oakland, Macomb, Genesee, Ingham, or Washtenaw counties.**

MORE INFORMATION

To sign up for MC3, visit our website: **MC3Michigan.org**

To request MC3 perinatal patient care marketing materials, email us at: **MC3PPCinfo@umich.edu**

50% REDUCTION

in clinical depression and anxiety for patients in their first month of services



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