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## Support for NICU Parents



The NICU is hard.  
We're here to help.  
Find the support you need, when  
you need it.



Support Groups



NICU Babies, Parent Support  
Podcast



Request a Peer Mentor



Online Communities



Support for Bereaved Families



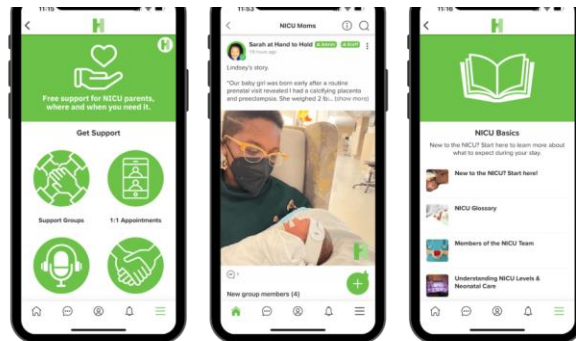
News, Articles & Family Stories



Counseling



Educational Resources



The Hand to Hold app is all about connecting NICU and bereaved parents with the support they need at all stages of the journey.

Connect with other NICU and bereaved parents our private groups, find access to Hand to Hold support services, listen to the NICU Babies Parent Support podcast, learn more about the NICU, and more!

