



IMPROVING MENTAL HEALTH ACCESS FOR WOMEN AND CHILDREN

Consultation • Education • Resources



There is a mental health crisis in the state of Michigan and there are not enough psychiatrists to go around.

Established in 2012, the MC3 program offers **psychiatry support**, resources, and education to **primary care providers** in Michigan who are **treating pediatric and perinatal patients** with behavioral health problems.

By the Numbers



3,500+

Primary Care Providers Enrolled



1,000+

Clinics in Michigan



49,000+

Services Provided



4,900+

Providers Educated



94%

of providers agreed that psychiatric consultation **reduced immediate need for higher level of patient care**



Providing critical psychiatry support in Michigan since

2012

Increased Provider Confidence



Consultations

Providers report increased confidence in diagnosing the most common behavioral conditions:

- **ADHD**
- **Anxiety**
- **Depression**



Training

Providers report increased confidence in treating adolescents after the training "Youth Suicide Prevention in the Primary Care Setting":

- **Risk assessment**
- **Safety planning**

Patient Consultations

65%

of patients had moderate to severe symptoms

40%

of perinatal women have experienced trauma

24%

of children and adolescents have experienced suicidal thoughts

Perinatal Patient Symptoms*

50%

reduction in clinical depression and anxiety for patients in their first month of services

*Perinatal Patient Care service only available in select counties



"Instead of delaying care I feel able to immediately make a step in the right direction for the patient, and deliver quality care, a prescription and the correct referrals, right away."

-MC3-Enrolled Provider