



1 IN 5 CHILDREN

have at least one diagnosable mental health condition¹



1 IN 7 WOMEN

cared for by perinatal providers suffer from depression or anxiety²

The majority of women and children who have mental health conditions do not receive treatment. That's where MC3 comes in.

The Michigan Clinical Consultation & Care (MC3) program began in 2012 and is funded by the Michigan Department of Health and Human Services. MC3 offers no-cost psychiatry support to pediatric and perinatal providers in Michigan through same-day phone consultations to offer guidance on diagnostic questions, safe medications, and appropriate psychotherapy.

How do consultations work?



Provider/clinic staff initiates consultation



Behavioral Health Consultant triages consult request and provides resources



Psychiatrist and provider connect



Consult summary sent to provider

How to sign up:

Visit the sign up page on our website or scan the QR code to sign up.



For more information:



MC3Michigan.org



mc3-admin@med.umich.edu



844-828-9304

MC3 is funded by the Michigan Department of Health and Human Services (MDHHS) via general funds, Medicaid Administration funds, and Health Resources and Services Administration (HRSA) funds.

Consultation process

- Consult requests can be initiated by anyone in the practice with knowledge about the patient
- Consults can be submitted either by phone or online; regional phone numbers and a secure online form are available on our website
- Call with psychiatrist will need to be with the prescribing provider
- Behavioral Health Consultants (BHCs) can provide consultations on resources

Who is eligible to participate?

Prescribing health care providers who treat behavioral/mental health in youth and perinatal people in Michigan are eligible for MC3 consultations. This includes physicians, nurse practitioners, physician assistants, and certified nurse midwives practicing in family medicine, general medicine, pediatrics, OB/Gyn/perinatal, pediatric subspecialties, and psychiatry practices.

Additional Key MC3 Offerings



Telepsychiatry patient evaluations*



Live and remote trainings offered regionally and statewide



Workflow analysis to better integrate screening, care coordination, and MC3 services



Local and regional behavioral health resource and referral navigation



Scheduled educational group case consultation with MC3 psychiatrist

* This opportunity is limited to patients with insurance that is accepted by the Michigan Medicine Department of Psychiatry.

What is not included in MC3?

MC3 is not an emergency service. MC3 psychiatrists do not prescribe medication or provide ongoing treatment, but rather support providers as they provide care.

Perinatal Patient Care Services

MC3 is offering direct perinatal mental health services to patients in select counties. This includes free same-day access to virtual counseling, case management, and care coordination for patients.

What services do patients get? Services include e-screening with a same-day brief intervention. The Behavioral Health Consultant will work with the patient to create a custom care plan.

Who is eligible to participate? To offer MC3 perinatal patient care services, you must practice in Wayne, Oakland, Macomb, Genesee, Ingham, or Washtenaw counties.

Where can I receive more information? Visit MC3Michigan.org/perinatal-patient-care to learn more.

Sources: 1) Merikangas, K., et al. (2010) Lifetime Prevalence of Mental Disorders in US Adolescents: Results of the National Comorbidity Survey Replication-Adolescent Supplement. *Journal of American Academy of Child and Adolescent Psychiatry* 49(10):980-989. doi: 10.1016/j.jaac.2010.05.017); 2) National Institute of Mental Health, 2018, CDC, PRAMS, 2018