

# Guide for Providers Using MC3 Perinatal

*MC3 Perinatal offers no-cost psychiatry support to perinatal providers in Michigan who are caring for people who are contemplating pregnancy, pregnant, or postpartum (up to one year). Perinatal psychiatrists are available through same-day phone consultations to offer guidance on diagnostic questions, safe medications in pregnancy and while breastfeeding, and appropriate psychotherapy.*

## How do I request a consultation?

Call Monday through Friday, 9 am - 5 pm EST, excluding holidays. Regional phone numbers and online form to submit consultations can be found on the [MC3 website](#).

## Can I contact MC3 Perinatal for crisis services?

No. MC3 is not an emergency service. Emergency consultations over the phone or in person are not provided. If a provider calls about a case requiring an urgent intervention, the Behavioral Health Consultant (BHC) can offer appropriate local resource recommendations.

## What happens when I contact MC3 Perinatal?

The provider or any clinic staff with knowledge about the patient can initiate a consultation. Consults can be submitted either by phone or online; regional phone numbers and a secure online form are available on the [MC3 website](#). Next, the BHC triages the consult request and provides resources. After that, an MC3 Psychiatrist will respond to the request same-day and provide a consultation to the provider. A consult summary is then sent to the provider.

## Who can access MC3 Perinatal?

Perinatal providers in Michigan are eligible to participate in the program. This includes MDs, DOs, NPs, PAs, and CNMs in family medicine, OB/Gyn, and psychiatry practices. Nonprescribers are not required to formally sign up; they can participate in educational trainings, access resources, and utilize BHCs for referrals and local resources. MC3 Perinatal is free to all providers.

## Can patients contact MC3 Perinatal?

No. The MC3 Perinatal phone line is only for providers; patients should not call MC3 Perinatal.

## When might a provider request a consultation with an MC3 Perinatal Psychiatrist?

- When they have questions regarding best-practices for management of pregnant and postpartum patients with mental health concerns (e.g., detection, assessment, and treatment of depression)
- When they would like to request a telepsychiatry patient assessment with an MC3 Perinatal Psychiatrist

## What else does MC3 offer?

Providers also have access to the following: live and remote trainings offered regionally and statewide; workflow analysis to better integrate screening, care coordination, and MC3 services; local and regional behavioral health resource and referral navigation; and scheduled educational group case consultation with an MC3 Psychiatrist.

## How do I sign up?

Visit the [MC3 website](#) to sign up.