

# Gathering the Helpers and Community Partner Gathering:

Suicide prevention is not the responsibility of one individual, it is a shared responsibility, and you need to find and gather your helpers.

## Planning:

- Share your why.
- Discuss your goals for this gathering. The goal will drive the format for the event.
- Which helpers do you want to gather? Consider private therapists, community mental health agency, school leaders e.g. superintendent/psychologist, regional psychiatric inpatient hospital leaders, area psychiatrists or MC3 representatives
- What are the questions you need to ask and the information you want to share
- Will this be a field trip or an invitation to your own practice?
- Ask for materials about services the helpers provide

## Format:

- Zoom, in-person lunch or breakfast meet-up or field trip?
- Your team lead shares the work you are doing to promote suicide prevention in your practice, screening tools you are implementing, and referral and resource needs
- Explore options for collaboration e.g. crisis appointment access, MC3 outreach, care coordination process improvement
- School personnel are generally available during school hours, pediatricians and psychiatrists may be free over the noon hour