

Purpose, Objectives, and Disclosures

Social Media, Gaming and Youth Mental Health

February 5, 2026

This activity offers maximum educational hours of:

1.50 clock hours for **SOCIAL WORKERS**

1.50 educational hours for **OTHER Healthcare Professionals** (Certificate of Completion)

FOR REPORTING PURPOSES: RETAIN THIS DOCUMENT AND THE AGENDA TO CONFIRM AVAILABLE HOURS

IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- ✓ Participants requesting credit must be registered for the event and have verified attendance.
- ✓ Participants must attend the entire activity to receive continuing education.
- ✓ **TO RECEIVE CE HOURS OR A CERTIFICATE OF ATTENDANCE, YOU MUST COMPLETE THE EVALUATION!** Click the corresponding link in the email you will receive after the event to access the evaluation.
- ✓ We do not keep an archive of past certificates, so please retain a copy for your records.

Direct any questions to: AStagg@mphi.org

PLEASE NOTE: CREDIT WILL NOT BE AWARDED UNLESS ALL CRITERIA IS MET

PURPOSE:

This 1.5 hour webinar is geared for Intermediate School District (ISD) staff and school mental health professionals and school nurses. Dr. Jenny Radesky will review research evidence and discuss social media use, gaming and the connection to child/teen wellbeing. She will share new resources and teach skills for clinicians to discuss social media with teens and families.

LEARNING OBJECTIVES:

- Analyze research evidence regarding social media use, gaming and child/teen wellbeing
- Apply skills for discussing social media with teens and families during clinical encounters
- Discuss new resources from the AAP Center of Excellence with patients

DISCLOSURES:

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms none of the planning committee members or presenters have relevant financial relations with ineligible companies to disclose.

AVAILABLE CONTINUING EDUCATION:



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Social Work Clock Hours Designation

This training/event has been approved by the NASW-Michigan Chapter for 1.50 synchronous General social work CEs: Approval Number 20260205-CA-MPHI.

The content complies with the standards for continuing education approval. The information presented reflects the views of the presenters and not those of MPHI. All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.