



MC3 2026 Monthly Pediatric and Perinatal Webinar Series
September 16, 2026:
Pediatric Psychopharmacology:
Safe & Effective Treatment for Anxiety and Depression

This activity offers maximum educational hours of:

- 1.0 clock hours for SOCIAL WORKERS
- 1.0 AMA PRA Category 1 Credits™ for PHYSICIANS
- 1.0 educational hours for OTHER Healthcare Professionals (Certificate of Completion)

IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- Participants requesting credit must be registered for the event and have verified attendance.
- Participants must attend the entire activity to receive continuing education.
- Participants must complete the online evaluation at: <https://redcap.link/475m5lmj> to receive CE.
- Certificates will be sent within 2 weeks of the completed evaluation for each event.
- We do not keep an archive of past certificates, so please retain a copy for your records.
- Direct any questions to: astagg@mphi.org

PURPOSE:

This one-hour training (45-minute didactic presentation followed by 15 minutes of Q+A) is designed to fit in during the lunch hour, where providers can listen and learn, followed by an opportunity to ask questions. Sessions are appropriate for both perinatal and pediatric mental health topics throughout the year.

LEARNING OUTCOME:

1. Identify evidence-based medication options for treating depression and anxiety in youth
2. Articulate a 5-step prescribing strategy for initiating and managing psychotropic medication in youth
3. Recognize symptom-based opportunities for strategic and sensible polypharmacy

DISCLOSURES:

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms, none of the planning committee members or presenters have relevant financial relations with ineligible companies to disclose.

AVAILABLE CONTINUING EDUCATION:

Social Work Clock Hours Designation: This training/event has been approved by the NASW-Michigan Chapter for 1.00 synchronous General social work CEs: Approval Number 20260916-CA-MPHI.

The content complies with the standards for continuing education approval. The information presented reflects the views of the presenters and not that of MPHI. All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.