**MC3 2026 Monthly Pediatric and Perinatal Webinar Series**
**January 20, 2027**
**Avoidant/Restrictive Food Intake Disorder (ARFID) Identification and Management in Primary Care**

**This activity offers maximum educational hours of:**

- 1.0 clock hours for SOCIAL WORKERS
- 1.0 AMA PRA Category 1 Credits™ for PHYSICIANS
- 1.0 educational hours for OTHER Healthcare Professionals (Certificate of Completion)

**IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES**

- Participants requesting credit must be registered for the event and have verified attendance.
- Participants must attend the entire activity to receive continuing education.
- Participants must complete the online evaluation at: https://redcap.link/ghjiby4q to receive CE.
- Certificates will be sent within 2 weeks of the completed evaluation for each event.
- We do not keep an archive of past certificates, so please retain a copy for your records.
- Direct any questions to: astagg@mphi.org

**PURPOSE:**

This one-hour training (45-minute didactic presentation followed by 15 minutes of Q&A) is designed to fit during the lunch hour, allowing providers to listen and learn, then ask questions. Sessions are appropriate for both perinatal and pediatric mental health topics throughout the year.

**LEARNING OUTCOME:**

1. Identify the criteria for ARFID and distinguish between the 3 subtypes.
2. Explain how to triage ARFID patients to the appropriate level of care.
3. List the evidence-based psychotherapeutic interventions for ARFID.
4. Explain when and how to use psychopharmacological interventions in patients with ARFID.

**DISCLOSURES:**

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms, none of the planning committee members or presenters have relevant financial relationships with ineligible companies to disclose.

**AVAILABLE CONTINUING EDUCATION:**

Social Work Clock Hours Designation: This training/event has been approved by the NASW-Michigan Chapter for 1.00 synchronous General social work CEs: Approval Number 20270120-CA-MPHI.

The content complies with continuing education approval standards. The information presented reflects the views of the presenters and not that of MPHI. All participants received a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements before the event began.